EMPOWERING WOMEN ON MENTAL HEALTH ISSUES DURING MOVEMENT CONTROL ORDER (MCO) BASED ON THE FRAMEWORK OF THE ISLAMIC FAMILY LAW IN TERENGGGANU, MALAYSIA

BY: FARAH SAFURA MUHAMMUD, NOOR HASYIMAH SULAIMAN & WAN NUR HANISAH WAN DIN
ACADEMY OF CONTEMPORARY ISLAMIC STUDIES
UITM TERENGGANU, DUNGUN CAMPUS
INTRODUCTION

The country's wealth also determined by human capital development based on professional, intelligence and good mental health (National Health and Morbility, 2015)

11.2 per cent of the 3.3 million Malaysians are suffering from mental health problems (WHO, 2018)

Mental illness ranked second in Malaysia and those figures are reported to be increasing by 2020.
Mental health awareness has become a topic of focus when many incidences of depression have been reported, even before MCO in Malaysia (NCG 2017, National Health and Morbidity, 2015).

The Ministry of Health received more than 8000 reports of emotional disorders (Bernama 2020).

Terengganu Shariah Court have been suspended and postpone almost 600 cases during MCO (JKST 2020).

Many of clients apply Fasakh where there is domestic violence so that the smooth procedure of court is very important (Raihanah Abdullah 2009, Farah Safura 2017).
PROBLEM STATEMENT

- Mental health awareness has become a topic of focus when many incidences of depression have been reported, even before MCO in Malaysia (NCG 2017, National Health and Morbidity, 2015).
- The Ministry of Health received more than 8000 reports of emotional disorders (Bernama 2020).
- Terengganu Shariah Court have been suspended and postponed almost 600 cases during MCO. (JKST 2020)
- Many of clients apply Fasakh where there is domestic violence so that the smooth procedure of court is very important (Raihanah Abdullah 2009, Farah Safura 2017)
Mental illness is a disorder in the functioning of the brain causing changes in thought processes, behaviors and feelings that affect daily activities. More than 10 per cent of Malaysians suffer from this problem and the World Health Organization (WHO, 2018) lists mental illnesses as the five leading causes of disability worldwide. Mental illnesses are divided into many types, not all of them are the same, as some people think. It is divided into three main types of groups as follows (Ng Chong Guan, 2017).
TYPE OF MENTAL ILLNESS

NEUROSIS

PHYCHOCIS

PERSONALITY DISORDER
Mental health issues are provided in the enactment of the Islamic family especially in the provision of fasakh. Fasakh is the dissolution of marriage due to the disability inherent in the spouse whether in men (husband) or women (wife). (Siti Shamsiah, 2018). Section 53 of the Terengganu Islamic Family Law enactment, there are eight grounds for any couple to dissolve marriage with fasakh. The reasons are (Sect. 53 (1) Islamic Family Law (Terengganu, Selangor) Enactment):
METHODOLOGY

Qualitative and Quantitative Methods

Our data collection methods involved partially structured interviews with respondents (2 psychiatrists, 2 academicians, 2 Shariah Lawyers). The interview was conducted using the Google Meet platform and several social media forums in view of the pandemic season.

For quantitative method, a set of questionnaires was developed to identify the level of awareness and factors on mental health issues during MCO. The population of this study is Muslim women community in Terengganu, Malaysia. A total of 100 respondents were identified from a few regions in Terengganu (Dungun, Paka, and Kuala Terengganu) for this study. These three places have been chosen because due to the limited access that we had during MCO period.
This result is in line with the report from Social Security Organization (SOC) Employment Insurance System (SIP) which stated that Covid-19 pandemic caused job loss in the country increased by 42 percent for the first quarter of this year (SIP, 2020).

<table>
<thead>
<tr>
<th>Dimensions</th>
<th>N</th>
<th>Mean</th>
<th>SD</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Domestic Violence</td>
<td>30</td>
<td>3.467</td>
<td>0.693</td>
<td>High</td>
</tr>
<tr>
<td>Financial Problem</td>
<td>30</td>
<td>3.475</td>
<td>0.658</td>
<td>High</td>
</tr>
<tr>
<td>Stress</td>
<td>30</td>
<td>3.467</td>
<td>0.663</td>
<td>High</td>
</tr>
</tbody>
</table>
RESULTS (QUALITATIVE)

<table>
<thead>
<tr>
<th>Hypotheses</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>H₁  There is a significant relationship between MCO and Financial Problem</td>
<td>Supported by all respondents</td>
</tr>
<tr>
<td>H₂  There is a significant relationship between MCO and Domestic Violence</td>
<td>Supported by all respondents</td>
</tr>
<tr>
<td>H₃  There is a significant relationship between knowledge sharing and</td>
<td>Supported by all respondents</td>
</tr>
<tr>
<td>transfer and empowering women.</td>
<td></td>
</tr>
<tr>
<td>H₄  There is a significant relationship between mental health and</td>
<td>Supported by all respondents</td>
</tr>
<tr>
<td>family support system</td>
<td></td>
</tr>
</tbody>
</table>

- **Identify**
  - Type of Mental Illness
  - Support system

- **Needs**
  - Credit
  - Certificates

- **Rights**
  - Report
  - Security
RECOMMENDATIONS

ALLOW SHARIAH COURT TO CONTINUE OPERATING THROUGHOUT MCO (FOLLOWING SOP)

MAXIMIZE THE USING OF USING CREATIVE WAYS SUCH AS WEBEX, GOOGLE MEET ETC.

ONLY LITIGANTS/ SHARIAH LAWYER/ LEGAL AID DEPARTMENT – ATTEND TO COURT

FOCUS ON IMPORTANT/ URGENT CASES

SHARIAH COURT NEEDS TO IMPROVE E-SHARIAH
CONCLUSION

- Mental health among women is the focus of this study because women are the group with the most mental health problems compared to men. The study focuses on Muslim women in order to empowerment of Shariah Court institutions and the women herself to face the challenges of implementation cases in the Corona virus pandemic situation.